

h ighlights

Monthly employee
newsletter

March 2006

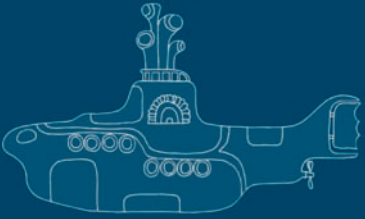
Now on the Internet at www.wyomingmedicalcenter.com/empsvcs/

While you can't buy me love, you could purchase a memorable evening at the 2006 Connoisseur's Delight on Saturday, March 25.

Sponsored by the Wyoming Medical Center Foundation, the annual event will open the curtain with an evening of fine dining and bring down the house with a fun-filled Beatles concert.

Approximately 300 guests will again attend the event, which begins at three of Casper's finest restaurants: 303, Armors and the Casper Country Club. Each restaurant will prepare a different culinary menu featuring such delicacies as grilled salmon with soy butter, chicken gallantine, rosemary tenderloin with smoked applewood bacon and filet mignon stuffed with spinach and blue cheese.

"Our committee was able to attend a tasting at each restaurant and were treated to an amazing menu," said Diane Guerttman of the Foundation. "The three dining establishments will show off their best gourmet meal and most elegant service that evening."



A Ticket to Ride

Foundation will host a Beatles-filled evening complete with fabulous food and the Fab 4.

Doors will open at 5 p.m. at each location, with dinner served at 5:30 p.m. In reserving their tables, guests will indicate on a first-come, first-serve basis their preference on their RSVP card as to which restaurant they would like to enjoy. Table

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LETTER FROM THE CEO

Surveyors find us to be wide awake

The Harvard of the West. That's what the physician surveyor called us after finishing last month's Joint Commission on Accreditation of Healthcare Organizations (JCAHO) survey.

On his flight to Casper, he said he expected to touch down at a "sleepy little hospital stuck in the middle of Wyoming" — a hospital that he would soon forget about once he left.



Yet he said he departed amazed by our efficiency and the high quality of our physicians, nurses and other staff. He was impressed by our acuity levels, our breadth of services and the complexity of many of our cases. He said our hospital is anything but "sleepy."

You should know that these are hardly empty compliments because this same physician gave failing marks to six of the last seven hospitals he had previously toured. The praise is genuine.

In celebrating our highly successful Joint Commission survey, I could list hundreds of names who deserve my thanks for their hard work over the four-day visit. Unfortunately, I don't have the space.

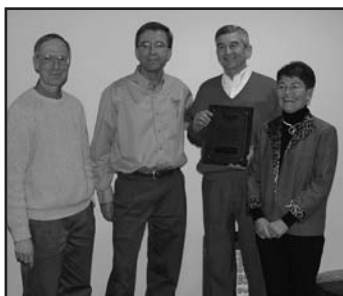
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Sage moves into its new home

Sage Medical Group officially moved into its new 17,000 square-foot home in the McMurry Medical Arts Center during an open house in February.

More than 100 people toured Sage's three large medical suites during the afternoon open house.

Planning for the primary care clinic began in January 2005 in response to an ongoing shortage in Natrona County of internal



Mick and Susie McMurry (far right) receive a plaque from Dr. David Erk and Chuck Moses honoring them for their help in building a new home for Sage Medical Group.

medicine physicians. Chuck Moses was hired by Wymedco Ventures in March to oversee the building project and begin hiring staff and recruiting primary care physicians to work in temporary space in the Casper Clinic.

Within the new center located on Washington Street next to the hospital, an internal medicine suite features Dr. David Erk and

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MORE THAN 28,300 HOURS IN THE BOOK

SERVICE AWARDS FOR MARCH

20 YEARS

Sherry Shannon, *Patient Accounts*

15 YEARS

Chris Reilly, *Clinical Engineering*

10 YEARS

Crystal Cavender, *Nutrition Services*

5 YEARS

Ellis Kaster, *Chaplaincy Services*
Christopher Norcross, *Surgical*

NEW EMPLOYEES

Matthew Sutton, *Laundry*
Kaitlin Bleak, *Next Generation Center*
Lucia Maurer, *Laundry*
Marla Lanouette, *Transport Team*
Patrea Griffeth, *Rehabilitation*
Nora Parton, *Telemetry*
Wendy Haynes, *Respiratory Care*
Erica Kapp, *Surgical*
Karin Gilbert, *Intensive Care Unit*
Gloria Hardman, *Finance*
Sasha Murillo, *Emergency Room*
Donna Schroeder, *Occupational Health*
Debbie Land, *Operating Room*
Mark Coulter, *Emergency Room*
Rick Lamotte, *Laundry*
Brianna Mason, *Housekeeping*
Kelly Warden, *Patient Registration*
Dacia Edwards, *Medical*
Lisa Uhrich, *Radiology*
Devon Esse, *Surgical*
Stacey Wood, *Telemetry*

Auxiliary breaks last year's record

The hospital's Auxiliary will celebrate a record-setting year when it hosts the 2006 Wyoming Medical Center volunteer recognition luncheon Wednesday, April 26, at noon at the Parkway Plaza.

"We continue to find ways to be more active within the hospital and have made it our goal to try and fill any need that is presented to us."
— Michele Holder

The Auxiliary will honor the 230 volunteers who logged more than 28,300 hours of service for the hospital, the largest number ever and a total that breaks last year's record of 27,500 hours.

"We continue to find ways to be more active within the hospital and have made it our goal to try and fill any need that is presented to us," Volunteer Coordinator Michele Holder said. "While our number of volunteers hasn't grown greatly, we have learned how to do more with what we have."

Since forming in 1953, the Auxiliary has continued to expand its duties, Holder said, running the information desks on the different floors, delivery of flowers and library books, and working in the gift shop.

In the past couple of years, volunteers have increased their hours by helping with the Next Generation Learning Center and the Rocky Mountain Oncology Center. They have also sewn blankets and baby caps for pediatrics and the Birth Place.

In addition, the board is more involved with fundraising and its state-wide association.

"We started last year asking our volunteers to clock in so that we can better log their hours," Holder said. "I think that is another reason for the increase."

The annual luncheon is held as a culmination of the hospital's celebration of National Volunteer Week. The theme this year is "Making a Difference Every Day."

In addition to honoring the 230 Auxiliary members, the luncheon recognizes other volunteers at the hospital including Gentle Hands and Mended Hearts volunteers.

Service awards will be presented to Auxilians and new Auxiliary officers for the 2006-2007 year will be elected. Hospital President Pam Fulks is scheduled to speak. ❖

Lace up those sneakers!

Annual March of Dimes walk set for April 29 in Casper

Wyoming Medical Center hopes to build on the momentum from last year as it again sponsors a team for the 2006 March of Dimes Walk America fundraiser on Saturday, April 29, in Casper.

Last year, 26 hospital employees raised \$4,268 during the walk, one of its highest levels ever. In all, the March of Dimes brought in more than \$75,000 to help with its battle against birth defects.

The walk will start and finish at the Three Crowns Golf Course. Registration and team photographs will begin at 8 a.m. followed by the walk at 9 a.m.

Mike Phillips of the Community Development Office, who is organizing the team, hopes to recruit at least 30 hospital

employees for the walk that features three different courses ranging from one to five kilometers. Several water stations will be lined along the course.

"In its 67 years of work, March of Dimes has saved millions of babies from death or disability by funding such lifesaving advances as polio vaccines, neonatal intensive care units and folic acid education," Phillips said.

Just last year, more than 40 Wyoming premature babies directly benefited from the March of Dimes, Phillips said, when they were flown to Denver to have surfactant therapy for their immature lungs.

"This is an opportunity to enjoy a healthy walk with your friends while helping Wyoming babies," he added.

To join the hospital team and begin collecting pledges, contact Mike Phillips at ext. 2304. ❖

Offering Casper a design for life

More than \$5,000 was raised to assist local cancer and heart patients during an elegant fundraiser held Feb. 9 at the Nicolaysen Art Museum.

Designs for Life... Women Living Well featured artistic shoes, bras/corsets and body forms that were submitted by local artisans for viewing and a silent auction.



Katrina Lorenzen, Linda Toohey and Shawna Willcox enjoyed the time together during the many Design for Life festivities.

The 125 guests purchased raffle tickets, using them to vote on the best entries that evening. First place went to "Teardrops Still Fall" created by Marva Victor. Tara Berryman and Michele Nash

designed the second-place winner "Million Dollar Baby."

The top live auction item, "Time is Precious," was purchased by Dr. Curtis and Cindy Li. The piece was made by Nancy Kofakis.

"We'd like to thank everyone who attended the pink-tie affair and supported this important cause," said Janet Smith of the hospital's Community Cancer Resource Center, who helped organize the evening.

Smith gave special mention to the Designs for Life committee and volunteers, Blue Envelope Health Foundation, Wyoming Medical Center Auxiliary, Dr. Curtis and Cindy Li, Nicolaysen Art Museum, emcee Brian Scott, Bob Kleinschmidt and the Casper College Woodwind Quartet, pianist Diane VonGunten, judges Kristie Brown and Debbie Jenkins, Poplar Wine and Spirits, and Armors Catering.

The first-time event was held in conjunction with National Heart Month. The proceeds from the evening will fund several heart and cancer programs sponsored by the Wyoming Medical Center Foundation. ❖



FIVE-PERSON TEAMS SOUGHT

Employee golf tournament set for June 24

The hospital's best drivers, putters and hackers will converge on the Casper Municipal Golf Course Saturday, June 24, for the hospital's annual Employee Golf Tournament.

The five-person scramble format will honor the hospital's best coed, male and female teams while giving away a variety of exciting prizes. The tournament will begin with a shotgun start at 8 a.m.

The cost is \$50 a person which covers the green fees, cart, lunch and prize drawings.

Each team must feature at least one Wyoming Medical Center employee, volunteer or medical staff member. Lone golfers will be paired with a team.

Golfers can pick up a sign-up packet from organizer P.J. Lippert in Nutrition Services. They can also call him at ext. 4385. The entry deadline is June 20.

Last year, 35 golfers competed at the event, with each golfer having a chance at a 2006 Chevrolet Campy for hitting a hole-in-one on Park Course Number Two. Hole and door prizes included golf balls, restaurant gift certificates, rounds of golf, apparel items and cash.

Lippert hopes to recruit 18 teams for the 2006 event. ❖

Auxiliary awards 21 college scholarships for the spring

The Wyoming Medical Center Auxiliary awarded more than \$10,000 in scholarships to hospital employees taking college classes during the current spring semester.

Twenty-one scholarships in all were awarded: 14 for employees studying at Casper College and seven to employees taking University of Wyoming or internet courses.

Because of the large number of applicants this semester, the Auxiliary's Scholarship committee conducted two meetings in December before awarding financial assistance.

"Each award is considered on an individual's need with financial concerns

SCHOLARSHIP HONOREES

- Tamara Armann
- Melodi Brown
- Dawn Custard
- Alicyn Davis
- Davina Drazik
- Dustin Haverlock
- Dedeey Lerma
- Carol Leslie
- Christine Rogers
- Patricia Sellers
- Linda Slater
- Linda Schultz
- Tina Sumner
- Sandra Tamez
- Mary Williams
- Tracey Willis
- Buddy Morgan
- Lesa Danials
- Virginia Tubbs
- Desiree Martinez

being the greatest priority," said Jo-Ann Garberg, scholarship committee chair. "Other criteria includes employment record, educational goals, and grades of C or better. First-time applicants also must interview with the committee and answer questions."

All of the \$10,800 that was awarded for the spring came from revenues earned at the Auxiliary Cottage Gift Shop in the hospital. Scholarships are awarded three times a year.

"The scholarship committee spends a lot of time and energy on presenting these awards, however experiencing the students' success and appreciation makes it all worthwhile," Garberg said. ❖

FOUR GRANTS AWARDED TOTALLING MORE THAN \$38,000

Foundation funds tracking system

The Wyoming Medical Center Foundation recently awarded a \$12,000 grant to help in the tracking of Natrona County citizens with Alzheimer's disease, autism, and other types of diminished capacities.

The Foundation's grants committee funded Project Lifesaver this last fall and held a press conference in February to celebrate the arrival of the new system. The Emergency Management Team received training in February and is led by Stu Anderson.

"The radio tracking system will be used to locate individuals who become lost in our community," Foundation Director Shawn

Bassham said. "The target population is for those residents who have a diminished capacity. The average time to find someone using this system is 30 minutes. We believe this will save lives."

Local residents are able to wear bracelets that send out a radio signal. The tracking system can then locate them if needed.

In addition, the Foundation bought 10 bracelets and the supplies to run them for one year for those who cannot afford the costs of the bracelets and yearly supplies.

Three other grants were also awarded during the meeting including:

- The Foundation in conjunc-

tion with the McMurry Foundation and Blue Envelope Health Fund each contributed \$20,000 to help the City of Evansville replace its ambulance. A press conference is planned when the purchase is made.

- A \$5,000 grant was awarded to the Wyoming Health Information Organization to help study what needs to be done to help Wyoming convert to electronic medical records.

- Wyoming Medical Center's Emergency Medical Services Department received \$790 in match money to buy two global positioning system (GPS) units to help locate emergency call locations. ❖

SPECIALTY WEBSITE

Employees can learn more about specialty hospitals and their impact on health-care by accessing the website *The Truth about Specialty Hospitals in Wyoming*. The site, which can be found at www.limitedservicehospitals.com, offers various articles and studies that show how the building of limited-service hospitals hurt community and full-service hospitals. The site looks at what has occurred in other communities as it relates to healthcare costs and utilization, competitive balances, cherry-picking of patients and the impact to emergency care in communities.

NOTABLE QUOTE

"A hero is no braver than an ordinary man, but he is braver five minutes longer."

— Ralph Waldo Emerson

Three attend diabetes conference in Cody

Three Wyoming Medical Center employees attended an intense two-day conference in Cody sponsored by the Wyoming Association of Diabetes Educators (WADE).

Doreen Hockley of Diabetes Education Center, Meredith Hink of Nutrition Services and Cindy Haley of Telemetry attended the conference on Feb. 2 and 3.

Topics focussed on various diabetes, heart and women's health issues such as foot care, bladder urgency, dining with diabetes, smoking risks, hormone therapy and improving cardiovascular risks in women.

"The main speakers consisted of cardiologists,

urologists and gynecologists who've partnered with WADE to raise awareness of the multi-system complications that can occur with diabetes," Meredith Hink said.

To help lighten the seriousness of the conference's topics, Hink said the organizers planned a special red dress fashion show in honor of February's "Go Red for Women" month.

"All three of us learned many new ideas to evaluate and address health risks associated with diabetes and heart disease," Hink said. "If you'd like to find out more about these ideas, please don't hesitate to contact Cindy, Doreen or me."

Hink can be reached at ext. 2079. ❖

Help sought for annual health expo

Volunteers are needed to help staff Wyoming Medical Center's booth at this year's Blue Envelope Health Expo on Saturday, April 8.

Now in its 32nd year, the free health fair attracts several thousand participants from across Natrona County. It is again set to run from 8 a.m. to 3 p.m., at the Casper Events Center.

As in past years, Wyoming Medical Center will have a large booth at the fair, requiring the need for volunteers to assist with visiting fair-goers. Anyone interested in volunteering for a two-hour shift should contact Michele Holder in the Community Development Office at ext. 2058.

"The display information will

show how the best in healthcare is available here in Casper," Holder said. "It will focus on our facility, our new technology, our doctors and nurses, and our many specialty areas."

In addition, informational cards on heart, stroke, general trauma and medications will be on hand along with a video on heart and stroke awareness. ❖

Missy Neff said the formula was hardly complicated: less snacking mixed with more exercise. She cut down on the amount of junk food and soda that she ingested while fitting in regular walks and treadmill running into her busy schedule as an occupational therapist at Wyoming Medical Center.

The results were 27 pounds lost during the 12 weeks of the hospital's annual Health for the Holidays and a team victory in the annual competition. In all, the Independents — Neff, Nimfa Bennett, Ellis Kaster and Lisa Pauk — dropped 65.2 pounds and 8.27 percent of their body weight — all during one of the highest caloric times of the year.

"The holidays are always difficult for me but this competition helped," Neff said. "For instance, I quit drinking those five 32 oz. cups of Diet Pepsi each day. Although there are few calories, soda has plenty of caffeine to slow down the metabolism."

The early results gained from her lifestyle changes provided Neff with added motivation throughout the holidays.

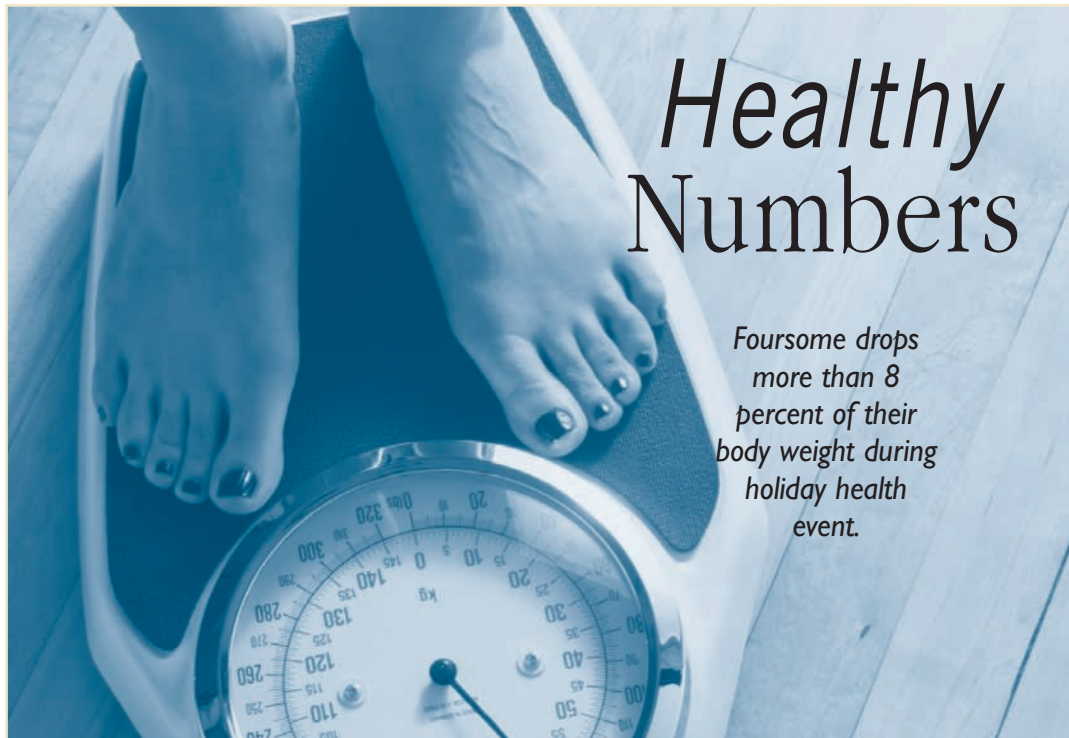


The Independents — Lisa Pauk, Nimfa Bennett, Ellis Kaster and Missy Neff — are pleased to be more than 65 pounds lighter.

"Most of what inspired me, however, was that I wanted to do something healthy for myself," she said. "I have a family history of diabetes and heart disease."

As her team's name implies, Neff tackled her weight-loss program independently although the three others did help out by complimenting, reinforcing and encouraging one another. That included Chaplain Ellis Kaster, who trimmed 24 pounds from his frame by joining Weight Watchers.

"I was very careful with what I ate,"



Healthy Numbers

Foursome drops more than 8 percent of their body weight during holiday health event.

said Kaster who has lost 50 pounds since August. "I am more focussed this time than I have been during other diets."

The hospital's annual Health for the Holidays attracted 40 teams and 168 employees, which was the largest turn-out ever. Each team weighed in on Nov. 10, and then over the next 12 weeks enjoyed the holidays without all of the trimmings. The team with the highest percentage of lost pounds wins.

"Our goal each year with this competition is to encourage employees to exercise more, eat more nutritious meals and make life-long changes to improve their health," said organizer Tamara Hawk of the

Rehabilitation Department.

Throughout the low-key competition, teams received literature and emails that provide tips on eating right and working out safely. In addition, a registered dietitian from the hospital was available to offer nutritional counseling. Finally, each competitor received a pedometer as a part of a walking contest that was held in conjunction with Health for the Holidays.

That combination helped 15 participants to lose more than 10 pounds, including Wanda Snow of ER Registration who dropped 30 pounds during her 12 weeks.

A better Christmas present could not have been received. ❖

THE THREE BIGGEST LOSERS... AND WALKERS

Research has shown that the holidays are often the time when many people put on the bulk of their weight for the year. Not so for these winning Healthy Holidays weight loss teams.

First place: The Independents lost 65.2 pounds and 8.27 percent of their original body weight. Missy Neff, Nimfa Bennett, Ellis Kaster and Lisa Pauk

Second place: Next Generation Learning Center lost 28 pounds and 4.3 percent of their original body weight. Nikki Pacheco, Angie Thomas, Camille Van Houten and Doris Robinson

Third place: Information Services II lost 19 pounds and 4.06 percent of their original body weight.

Joni Neal, Eileen Rissler and Felicia Polzer

In the walking contest, the winners were:

First place: Helen Anderson with 1,105,829 steps

Second place: Micky Hazen with 989,768 steps

Third place: Merry James with 768,598 steps

Enhanced definition and focus

DOCTOR'S DAY

Wyoming Medical Center will celebrate Doctor's Day on March 31 in a variety of ways. Look for further announcements in the coming weeks on how you can join in honoring the medical staff.

BOOKS ARE FUN FAIR

The Auxiliary Cottage Gift Shop will again host Books Are Fun Fair, this time on May 4 and 5 in the hospital's South Link Lobby.

For hospital patients, the department reorganization is a focus of greater service. For the staff within the department, it is a service of better focus.

The Care Management Services Department was developed to allow the hospital to improve work with physicians, nurses and other healthcare providers so that a patient's healthcare needs are met during and oftentimes after his/her hospital stay.

Formerly known as Outcomes Management, the new department consists of bachelor's-prepared registered nurses from Utilization Review and Pre-hospitalization working in tandem with bachelor's- and master's-prepared social workers, clinical case managers and a board certified Chaplain Service to provide more streamlined care.

"It's an approach that allows us to more closely focus on the continuum of delivering quality care," Care Management Director Deb Weaver said. "It's part of a national trend in which hospitals are addressing the needs to better utilize their services and more accurately measure outcomes."

Part of the Care Management

"It's part of a national trend in which hospitals are addressing the needs to better utilize their services and more accurately measure outcomes."

— Deb Weaver

team's role involves helping patients to better understand their condition so that they can make more knowledgeable decisions about their treatment plan.

The staff also assists patients with arrangements for transfer or discharge whether it is to a higher

level of care or support, a return to their home or a need for alternative living arrangements, such as nursing homes, adult homes, or assisted living.

Supportive counseling, crisis intervention and assistance in seeking resources for legal or

Weaver said.

Most important, the patient receives inter-disciplinary care, focusing on continuity with nursing staff and patient physicians, higher levels of satisfaction, less time in the hospital, and often, a lower hospital bill.



The Care Management team includes (back row, l to r) Sue Crone, Renee Ala, Lynette Benardis, Deanna Ridley, Deb Weaver, Brenda Kost, Pat Graham, Beth Holscher and Vonda Ward. Seated: Carrie Rogers, Leigh Earle Gale Bryden, Ellis Kaster, Sadella Golen, and Sharon Hancock. Not pictured: Barb Armacost and Lisa Jackson.

financial concerns are a few of the other services provided.

"This change is part of the natural evolution of healthcare that allows us to increase the efficiency of the care continuum with emphasis on patient safety," Weaver said.

The staff work directly with patients and family members as well as behind the scenes tracking the progress of individual patients and those on a specific unit or within a defined population. Such tracking, for example, will result in smoother transition of patients and their families from one unit to another and better use of beds within the hospital during times of a high census.

On a broader scale, hospitals that use this approach are able to reduce costs while improving their levels of reimbursement,

All of which explains why the departmental name change is much more than simply the ordering of new office signs and business cards.

"Outcomes Management was a broad and outdated name which didn't accurately communicate where Wyoming Medical Center is headed," Weaver said.

Quality Management, which was once part of Outcomes Management, still works closely with Care Management on the third floor of the Support Services Building, but is now its own department with its own emphasis.

"We have about 25 people working on the Care Management team," Weaver said. "And while it may be a small group of people, what they are able to do for our patients is pretty powerful." ❖

Beatlemania ...from page 1

options vary from the intimacy of two seats to a more expansive party-setting of 10.

The evening will then move to the Best Western Ramkota Hotel Plaza at 7:30 p.m. for a night of Beatlemania. The Fab 4 of Colorado will take the stage at 8 p.m. and perform many of the Beatles best-known songs including "I Want to Hold Your Hand," "Paperback Writer" and "Yesterday." The band performed last year and was brought back by popular demand, Guerttman said.

"In between the music and the dancing, we'll offer dessert, assorted coffees and a bar for after-dinner drinks and wine," Guerttman said. "Tables will be available for all the guests, including special seating for the sponsors."

A table featuring 14 silent auction items will be available for bidding throughout the evening. Some of the varied items will include a trip for four to Mexico, a hired handyman for one day, a necklace and earring set, a day of guided fly fishing and a motion clock that plays Beatles tunes.

Tickets for the entire event are \$125 per

guest, though individuals can buy \$30 tickets to attend only the concert. Guerttman said the Foundation has already collected more than \$53,000 in sponsorship monies.

All funds will assist the Foundation with its support to purchase hospital equipment and to fund various community health programs.

The evening was organized by com-

mittee members Cody Anderson, Dennis Baker, Shawn Bassham, Chandra Burgess, Pete Greiner, Diane Guerttman, Susie McMurry, Tami Milliken, Cidne Skavdahl, Jo Swanson, Miriam Temme, Dale Volker and Linda Young.

To learn more about the evening, please call Guerttman at ext. 2294. Limousine service aboard the yellow submarine is optional. ❖

2006 CONNOISSEUR SPONSORS

The current 2006 Connoisseur's sponsors as of Feb. 21 include:

Sargent Pepper Level
\$4500 and above

- Casper Orthopaedics
- GSG Architecture/HDR
- Hank and Annita Neubauer
- McMurry Foundation
- First Interstate Bank

Magical Mystery Tour Level
\$3000 and above

- Farleigh Oil & Gas Company
- Wells Fargo
- Wyoming Machinery
- Wyoming Medical Center
- Wyoming Surgical Associates

- Hilltop National Bank
- Larsen, Allen, Weishair
- Maxim Technologies
- Tom and Jo Swanson
- University of Wyoming
- Valic AIG
- Williams, Porter, Day & Neville

Abbey Road Level
\$1500 and above

- A. R. Macy Trust
- Bank of the West
- Greiner Ford

Yellow Submarine
\$750 and above

- Performax (formerly Intermountain Benefits)
- Wold Oil Properties

Sage Medical Group ...from 1

Dr. Paul Bettinger. Dr. Terry Donaldson of Lander will begin seeing patients in May.

The family practice suite currently features Dr. Jason Lloyd, however Dr. Nathan Ker and Dr. Kevin Ochoa (they are finishing their residencies) will open their offices this summer. Endocrinologist Dr. Babaak Pazooki will locate there this summer as well.

The neurosurgery suite is a recent addition and includes Dr. Joseph Sramek and Physician Assistant Rob Griffin.

Future recruiting plans include adding an additional internist, family practitioner and neurosurgeon.

"This grand opening is an important event for Casper because it helps alleviate the impact of the shortage of primary care physicians in Casper and makes sure that local residents have regular access to a family physician," Community Development Office Director Chris Lorenzen said.

Lorenzen said the McMurry family deserves special credit for building the Medical Arts Center and providing a state-of-art facility that focuses on the physicians and their patients.

"The McMurrays made this possible," Lorenzen said. "They have built a well-designed center that allows physicians to offer efficient medical care with privacy and patient comfort in mind." ❖

CEO letter ...from page 1

I must, though, give special mention to the three people who led our efforts. They are Senior Vice President Vickie Diamond, Dr. Stuart Ruben and Director Sandy Sienkiewicz.

For everyone else involved, please know that I greatly appreciate everything that you did to help us prepare for this last-minute event.

We can expect the Joint Commission surveyors to be back next year, perhaps about the same time that our magnet survey will take place.


Will we be ready?

Perhaps the term *The Harvard of the West* is all I need to say.

Sincerely,



Pam Fulks
President and CEO
Wyoming Medical Center



	Jan. 06	Dec. 05	Jan. 05
Discharges	761	808	825
Patient Days	3,061	3,249	3,587
Average Length of Stay	4.0 days	4.0 days	4.3 days
Births	89	90	92
WMC Surgery Cases	384	463	452
WMC Surgery Minutes	38,959	45,504	48,682
Occupational Health Visits	2,272	1,857	2,087
Emergency Room Visits	2,848	2,845	2,665
Ambulance Runs	445	469	401
Wyoming Life Flight	53	64	47

The following table charts Wyoming Medical Center's healthy vital signs.

Non-Profit
Organization
U.S. Postage
PAID
Permit No. 66
Casper, WY

Wyoming Medical Center

1233 East 2nd Casper, Wyoming 82601

Highlights is published monthly by the Wyoming Medical Center Community Development Office. Article submissions for the **April** issue are due **March 21**.

If you have questions, comments or need more information, call 577-2388.

Editor — Mike Phillips

Employee Birthdays

Reminder: All Wyoming Medical Center employees may take a 20-percent discount at the Auxiliary Cottage Gift Shop during the month of their birthday. The discount may be used on any (one) day during that month. Most items apply.

March 1

Dena Geist
Denise Skarin

March 2

Rebecca Boespflug
Allison Bower
Doreen Hockley

March 3

Jody Clough
Diane Ellison
Lisa Heiller
Elizabeth Holscher
Lori Pickler

March 4

Marge Christiansen
Marie Davis
Tara Kapeles
Brenda Linford
Erica Meeks
Cheryl Schnepf

March 5

Rooney Haddock
Herbert Mapp
Jennifer Spillers
Sandra Tolman

March 6

Jenny Clark
Debbie Quest
Brenda Ruben
Chiengsavahn
Virachak

March 7

Kimberly Brondum
Angeline Kaiser
Jenna Morrison
Pam Schoenewald

March 8

Melissa Carpenter
Tennie Dubry
Emil Gercke
Gary Griffin
Mindy Monear
Rosalie Ressler
Terri Strickland-
Odell

March 9

Tamara Knotts
Matthew Stanton

March 10

Sharon Bonck
Wendy Bowman
Jolynn Cover
Kimberly Elser
Sara Nelson
Samantha Simons

March 11

Renee Ala
Connie Nelson
Talli Schlautmann

March 12

Delores Conley
Matthew Parker
Janice Proper
Cheryl Royal

March 13

Amanda Pfau

March 14

Grace Colpitts
Celeste Harju
Linda Lawlis

March 15

Andy Hamilton
Cassandra Langford
Elizabeth Marvel
Michelle Smith

March 16

Rosalie Spurlin

March 17

Katherine Castleman
Patricia Griffin
Cynthia Haley
Shelley Harding
Ryan McCarty
Andrea Strohmman

March 18

Ashley Brose
Daniel Gideon
Julie Pratt
Melissa Tapp

March 19

Larissa Bauer
Josh Johnson
Deanna King
Desi Shultz
Janice Tharp

March 20

Scott Budig
Terry Camp
Michael Hines
Dan Steele
Tahnee Waltman

March 21

Charlee Asmus
Cheryl Flores
Velvet Hiser
Ed Renemans
Theresa Riddle

March 22

Tim Clark
Bonita Judkins
PJ Lippert
Michele Luckow
Nikki Pacheco

March 23

Jennifer Cole
Kimberly Crumly
Lesa Daniels
Lynda Hakalo
Molly Nab

March 24

Cindy Lee
Vickey Teske

March 25

Sadella Golen
Michael Lacey
Abigail Northrop
Betty Shoemaker
Audrey Virgil

March 26

Marsha Nichols
Zachery Pound

March 27

Aleta Farmer
Michele Hazen
James Johnson
Heather McGuigan
Leslie Robinson
Vic Thompson
Amy Willcox

March 28

Matt Kaiser
Liz LeBlanc
Roberta Shepperson

March 29

Carol Belanger
Guy McCurdy

March 30

Aimee Bennett
Ken Brown
Jared Johnson
Michael Reis